

1. Title: Associate of Arts: Liberal Arts: Emphasis in Social Behavior and Self-Development

2. Summary of Goals—Learning Outcomes:
These courses provide students knowledge and understanding of social behavior and self-development. This area of emphasis is designed to prepare students to use their understanding of themselves and others to communicate and collaborate more effectively. It combines knowledge of theory with attention to personal growth and purpose, as well as health and wellness. Students learn to become citizens who care for themselves and others, ready to work with people in their communities. Participation in group activities and collaborative projects is a central focus of this emphasis, allowing students to experience group interactions in a variety of contexts.

3. Course Listing:
Choose at least one course from each category below (A, B, and C), then complete additional courses from categories A, B, and/or C, to total 18 units (with no more than six units of activity courses).

A) Theory and Knowledge

Accounting G100 – Accounting for Small Business (3)
Anthropology G100 – Introduction to Cultural Anthropology (3)
Business G121 - Personal Finance (3)
Communication Studies G100 – Interpersonal Communication (3)
Communication Studies G108 – Introduction to Communication (3)
Communication Studies G255 (formerly G175) – Intercultural Communication (3)
Communication Studies G260 - Organizational Communication (3)
Criminal Justice G110 – Introduction to Criminal Investigation (3)
Criminal Justice G115 – Organized Crime and Terrorism (3)
Criminal Justice G123 – Juvenile Law (3)
Criminal Justice G137 – Community Relations and Special Issues in Law Enforcement (3)
Criminal Justice G150 – Introduction to Corrections (3)
Criminal Justice G152 – Probation and Corrections: Case Planning and Supervision (3)
Ecology G100 – Human Ecology (3)
Psychology G100 – Introduction to Psychology (3)
Psychology G116 – Child Growth and Development (3)
Psychology G255 – Abnormal Psychology (3)
Psychology G118 – Life Span Development (3)
Psychology G280 – Research Methods in Psychology (4)
Psychology G250 – Psychobiology (3)
Sociology G100 – Introduction to Sociology (3)
Sociology G110 – Marriage and Family (3)
Sociology G133 – Racial and Ethnic Relations in America (3)
Sociology G185 (formerly G150) – Analysis of Social Problems (3)

B) Growth and Purpose

College G100 – Successful Student (3)
Counseling G100 – Career Planning (1.5)
Counseling G103 – Educational Planning for Student Success (1)
Counseling G104 – Career and Life Planning (3)
Counseling G199 – Counseling Topics (0.5-2)

Criminal Justice G130 – Character Development (3)
Education G102 – Teaching Diverse Contemporary Classrooms (1)
Education G103 - Technology Proficiency for Teachers I (2)
Education G200 – The Teaching Profession (3)
Library G120 – Libraries and the Internet (1)
Library G125 – Internet Research, Advanced (1)
Psychology G110 – Personal and Social Adjustment (3)
Psychology G165 – Human Sexuality (3)

C) Health and Wellness

Non-Activity

Health Education G100 – Personal Health (3)
Health Education G107/CJ G107 - Drugs, Health and Society (3)
Health Education G111 - Basic Cardio-Pulmonary Resuscitation (1)
Health Education G112 - First Aid/Cardio-Pulmonary Resuscitation (2)
Health Education G135 – Nutrition and Health (3)
Professional Physical Education G160 – Athletic Training (2)

Activity

Dance G100 – Beginning Modern Dance (1-1.5)
Dance G105 – Dance Conditioning and Stretches (1)
Dance G110 – Introduction to Dance: Ballet, Modern and Jazz (1.5)
Dance G112 – Ballroom Dance (0.5-1)
Dance G115 – Beginning Tap Dance (1)
Dance G120 – Beginning Ballet (1-1.5)
Dance G125 – Beginning Jazz Dance (1-1.5)
Dance G130 – Dance for Musical Theater (1)
Dance G135 – Mid-Eastern Dance (0.5-1)
Dance G150 – Rhythm Tap Styles (1)
Dance G230 – Choreography (1-2)
Dance G235 – Modern Dance Ensemble (2)
Dance G240 – Tap Dance Ensemble (1-2)
Dance G245 – Performance Ensemble (1-2)
Physical Education G110 – Swimming for Fitness (0.5-1)
Physical Education G111 – Swimming (1)
Physical Education G130 – Yoga (1)
Physical Education G132 – Pilates for Fitness (1)
Physical Education G134 – Bowling (1)
Physical Education G136 – Rock Climbing (1)
Physical Education G137 – Golf (0.5)
Physical Education G150 – Badminton (1)
Physical Education G158 – Tennis (1)
Physical Education G159 – Table Tennis (0.5-1)
Physical Education G164 – Aerobics (0.5-1.5)
Physical Education G173 – Introduction to Weight Training (1)
Physical Education G176 – Total Fitness for Women (1)
Physical Education G178 – Cardiovascular Laboratory (0.5-1)
Physical Education G180 – Strength and Muscle Power Training (2)
Physical Education G181 – Muscular Strength Training (1)
Physical Education G186 – Activities – Basketball (0.5-1)
Physical Education G192 – Soccer (1)
Physical Education G194 – Physical Training for Volleyball (2)

Physical Education G195 – Volleyball (0.5-1)
 Physical Education G196 – Sand Volleyball (0.5-1)
 Physical Education G240 – Baseball Team (2)
 Physical Education G244 – Cross Country Team – Men (2)
 Physical Education G246 – Football Team (2)
 Physical Education G250 – Soccer Team – Men (2)
 Physical Education G252 – Swimming Team – Men (2)
 Physical Education G256 – Track Team-Men/Women (2)
 Physical Education G258 – Volleyball Team-Men (2)
 Physical Education G260 – Water Polo Team (2)
 Physical Education G272 – Cross Country Team-Women (2)
 Physical Education G273 – Soccer Team-Women (2)
 Physical Education G274 – Softball Team-Women (2)
 Physical Education G275 – Swimming Team-Women (2)
 Physical Education G277 – Track Team-Women (2)
 Physical Education G278 – Volleyball Team-Women (2)
 Physical Education G290 – Sports Conditioning-Baseball (2)

Required Subtotal:	18 units
Completion of GE Requirements:	21-41 units
Additional Elective (as needed to reach 60):	_____
Degree Total:	60 units