

Non-Perishable Items, the below are suggestions:

Can Chicken, beef or Tuna

Soups

Pasta

Pasta Sauce

Peanut Butter & Jelly

Oatmeal/Cereal

Macaroni & Cheese

Instant mashed potatoes

Canned vegetables

Canned fruit

Cup'O'Noodles

Snack bars

Spaghetti sauce

Rice

Pop Tarts

Bread

Lunch Meat

Salad Kits

Mozzarella sticks

Yogurt

Frozen meals (hot pockets, frozen burritos, launchable, TV Dinners etc.)

Popcorn

Granola Bars