

FAQ's

Do you have to pay anything to use the Health Center?

- There is a mandatory student health fee that must be paid when you register for your classes
- There is a refundable \$10 deposit to see a therapist.

How do you go about using the Health Center for the first time?

You can call 714-895-8379 for an appointment, or walk in. You will have forms to fill out digitally before your scheduled appointment.

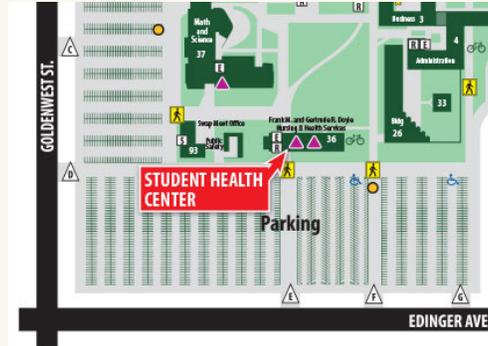
contact us

15744 Goldenwest Street
Huntington Beach, CA 92647

Phone: 714-895-8379

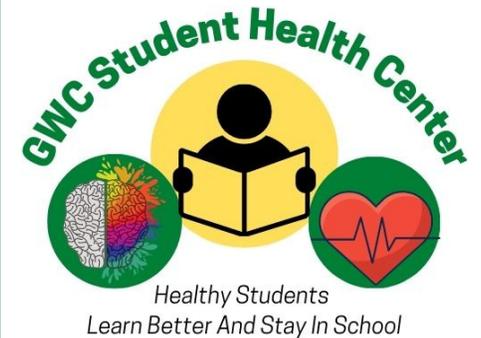
Fax: 714-895-8135

Email: healthcenter@gwc.cccd.edu



goldenwestcollege.edu/student-health-center

MENTAL HEALTH & WELLNESS SERVICES





Therapy services:

The Student Health Center offers therapy for students who are dealing with issues such as:

- Stress
- Relationships
- Life transitions
- Sexuality
- Grief
- Sexual assault
- Anxiety
- Depression
- Substance misuse
- Eating disorders
- Social services
- Anger management
- Time management
- Sleep disturbances

Who may use the Student Health Center?

Golden West College students who:

- Are currently enrolled
- Have paid the GWC student health fee

Make an appointment

To make an appointment, or for more information, please call 714-895-8379



Our services are confidential

Professors, parents, administrators and other students do not have access to your health records except when mandated

Mental Health Services

Golden West College Student Health Center offers therapy for students to achieve short-term goals. We have licensed therapists who use brief models of therapy (up to 8 sessions).

We offer:

- Individual therapy
- Crisis intervention
- Cognitive Behavioral Therapy
- Motivational Interviewing
- Referral services
- Consultation

Self-improvement & Wellness services:

How to:

- Make life more fulfilling
- Manage stress
- Increase coping skills
- Achieve life goals
- Improve relationships
- Maximize career potential
- Improve decision-making skills
- Improve time-management skills
- Learn problem-solving skills